

'With its amazing facilities, Sunway College is definitely a place that I would recommend to others,' says Sunway University's Ausmat vice president Alantino Raven Daniel.



Picking up soft skills and time management

"I CHOSE Ausmat (Australian Matriculation) as it is a pre-u programme that is recognised and most suitable for me as my plan was to further my studies in an Asian country," said Alantino Raven Daniel who was vice president of the Ausmat Student Council.

"I also preferred a programme where I was tested not only based on my exam results but also on my team projects, as the programme is 50% coursework and 50% examination," he added.

Daniel who completed the Ausmat at Sunway College early this year, achieved ATAR 99.25 in the Western Australian Certificate of Education (WACE) 2017 examination and plans to pursue medicine.

He had a fixed study schedule where he spent at least two hours a day revising and doing exercises.

"I normally have classes till 4pm, and as I was in the council, have meetings or meet-ups with lecturers or other student clubs. I would usually end my day by studying in the college library till 8pm."

Daniel found he was never bored during his time in the Ausmat programme.

"This was due to the continuous activities, events and community service projects for all students."

It is also a programme where students develop a camaraderie and learn to grow as a community: "When a class ends, almost all Ausmat students will be gathered in the corridor and everyone will greet each other."

Being involved in the student council and having to prepare for weekly tests proved challenging, but Daniel explained that he managed to improve his time management skills by having a daily to-do task and segregating his time.

As the vice president of the Ausmat Student Council, Daniel has to run weekly meetings with other council members and also communicate with the academic team for events.

"We organised various events for Ausmat students which include the I-Care Run, Teacher's Appreciation Day and Talent time. With responsibilities as the

vice president of the council, juggling between studies and my social life has taught me to manage my time well."

Other than being on the student council, Daniel was an active member of the Sunway Student Volunteers. Daniel's time in Ausmat helped him improve in other ways.

"I used to suffer from social anxiety and it was a very tough when I was first joined Ausmat."

He later realised he should come out from his comfort zone, and began mixing more with his classmates and friends, engaging in group projects and working with the student council team to organise events.

These helped him to develop as a better person in communication and socialising.

Daniel recommends Sunway College and the Ausmat programme as it not only tests students on knowledge but also helps them improve their soft skills.

"With its amazing facilities, Sunway College is definitely a place that I would recommend to others," said Daniel.

"I want to pursue medicine as I love doing research and continuously learn new things, and medicine is a field of continuous studying and research as it never ends at any one point."

Daniel added that he loved taking up challenges.

"My aspiration is to become a successful doctor specialising in cardiology and to take care of my parents when they are old, as a token of appreciation for everything they have done for me."

His most important takeaway from his time in the Ausmat programme and Sunway College is: "To not give up at any point and keep pushing yourself forward even when times are tough as the results will definitely pay back all your hard work and efforts."

"I would like to borrow a quote from celebrity Drake, 'Sometimes it's the journey that teaches you a lot about your destination'."

■ For details on Ausmat and Sunway College, look out for the advertisement in this StarSpecial.

This material may be protected by the Malaysia Copyright Act. It may only be used for private study or research. Downloading or reproduction in excess of “fair dealing” may constitute copyright infringement.